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# East End Junior Surf



**Junior Surf Coordinator**

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## Welcome to East End Junior Surf

Well it's been a very busy January and early February. We have had over 100 kids on the beach every Sunday and have been blessed with warm water and weather throughout the week.

## East End Carnival

Thanks to the all the kids, parents, officials, and lifeguards who braved the elements at the East End Carnival. We couldn't have asked for a worse day, however, the kids were fantastic and it was awesome to see the support from everyone. East End topped the points table followed closely by Fitzroy and NPOB.

## Weekly Training

Attendance at the training during the week has been excellent. Board training has been popular as well as the sprint training with Leigh Laurence. It's good to see lots of happy kids on the beach and the improvement in skills and techniques is obvious.

## Opunake Carnival

Well done to everyone competing at the Opunake Carnival. It was great to see good numbers of East End kids present. Unfortunately, we got beaten on the points table by NPOB, however, we were a close second. There were some impressive performances on the day with many kids entering events for the first time, crossing the finish lines exhausted but with big smiles on their faces. This courage encapsulates all that is good about surf lifesaving and I'm confident that these kids will make outstanding lifeguards in the future.

## Togs

The togs have finally arrived and are available for purchase. Priority will be given to the team heading across to Oceans XI as they are required to compete in team uniform. As an aside we are looking at getting some East End "hoodies" in stock. The price for these will be around \$60 for kids sizes and \$65 for adults. Please let me know if you are interested so I can gauge whether or not this is worthwhile.

## Oceans XI

This year we are taking a team of 17 across to Mt Maunganui to compete in this iconic event. Competition starts on Thursday, 24<sup>th</sup> Feb and concludes on Sunday 27<sup>th</sup> Feb. If you feel like a weekend away please come across and support the East End team. Checkout the photo gallery to see some of last year's action.

[Ocean Athletes 2010](#)

## Beach Clean Up

Thanks to everyone that helped with the beach clean up. We didn't manage to get lots of rubbish so perhaps people are looking after the environment. This will be a regular thing each year but if you see any rubbish on our beach in the interim please pick it up.

## U14 Taranaki Team

Congratulations to Sinead Malley and Javon McCallum from East End who made the Taranaki U14 team. They recently competed at the "Festival of Surf Sport" in Mt Maunganui. The competition at this level is tough but the Taranaki team competed well. Good work team.

## Nutritional Advice

Jim Bedwell has kindly offered to talk to all interested regarding nutrition:

**When:** Monday, 21<sup>st</sup> February 2011

**Time:** 6.30pm

**Where:** East End SLSC

Jim is very experienced in this area and is a superb athlete himself. Find out more about Jim and his company online. [www.red8.co.nz](http://www.red8.co.nz)

Finally, enjoy what's left of the summer as the water temperature is still high. See you at East End soon....

Kind regards

*Heath*

*In it for life*

## Junior Carnivals

### Fitzroy

Sunday, 6<sup>th</sup> March 2011

Start time: 2:00pm

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